



ST. PAUL'S EPISCOPAL CHURCH

Fremont, Ohio



October 2018

Loving Worshipping Learning Serving,
In the name of Christ.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen. BCP 355

Almost every Sunday I read this prayer, and every time I read it, I get stuck on the word “perfectly”. What does perfect love look like? What does perfect anything look like? Perfection is a struggle for many of us. When I think about the many facets of my life; family life, professional life, spiritual life, fitness, am I doing enough, am I doing too little...I become overwhelmed. In times like these, my view of myself becomes lower and lower as I see all my places of imperfection.

It is in these moments that I can really use a re-read of this prayer. It is in these moments of imperfection that I pray “Cleanse the thoughts of my heart”. At these times I need God to help me escape the downward spiral of self judgment. This prayer, for me, has in recent times become a prayer of finding my center. At the center of everything is God. He is the creator and sustainer of all and He is the almighty. It is this powerful God that we come to on Sundays, and many other days in worship and prayer.

Power alone does not make God the center because centers are created by relationship. God knows us, he is in a relationship with us. He knows our desires,

yes even when we desire things that are not righteous. And after understanding our desires he still seeks a relationship with us. He also knows when we desire to be loving and kind. He knows when you fulfill that desire and when you fall. God knows you, yes all of you, and he loves you. We were not created to be perfect, but we were created to be in relationship. From the beginning of creation, God has walked with humankind in relationship. He also said it was not good for humankind to be alone, so he created more humans. Now, Relationships do not work well with secrets or with lies. Actually, love has a lot less to do with putting on your best self for another, and more to do with accepting the flaws of another. Perfect love knows the hidden places, the places that do not appear on your Facebook page and continues in relationship anyway. Perfect love is willing to be imperfect with another. It is only when we bring our fully imperfect selves before God that we can then perfectly love him.

The above prayer is called the *Collect of Purity*. This prayer is an invitation to each and every one of us to come into worship as we are. God knows our struggles and challenges and he still desires relationship with us. When we come to worship we come as full accepted and loved children of God; and when we leave worship we leave transformed by that very same love.

-Matt



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LOOKING AHEAD:

**Diocesan Convention is
Nov 9-10th**

VISION STATEMENT: “St. Paul’s Episcopal Church seeks to provide an open community of faith for all who need love, hope, and acceptance.”

September Community Meal



Pauline Darr, Don Darr, Julie, Marcia Webster, Chyleen Scott, Rita Bryan, Beth Hackenburg & Pattee Kuzma.



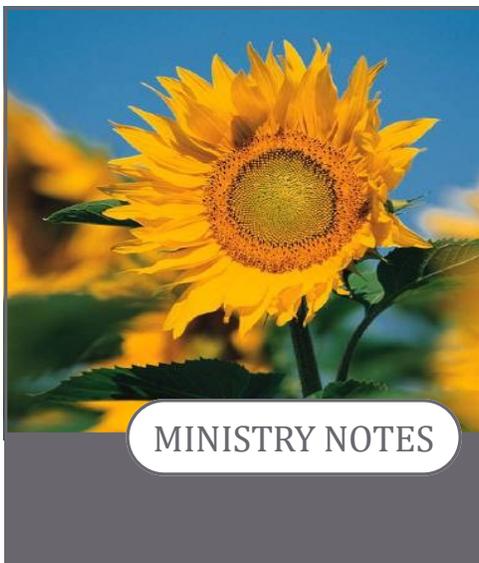
Mary Lynne Moyers



Hannah



Pauline serving Father Matt.



MINISTRY NOTES

Please let me know, by the newsletter deadline, if you are not able to serve a ministry role for the following month. Those who already do so, thank you so much. It really helps not to schedule someone who won't be available. Also newsletter articles/pictures are due Oct 22nd for the November newsletter. ~ Jo

Vestry Shorts

Pictures for Newsletter—Matt wants to encourage people to take pictures of events and gatherings involving St. Paul's for use in the newsletter.

Children Keeper Program—Matt will contact Nate Koenig about St. Paul's becoming involved in this foster children program.

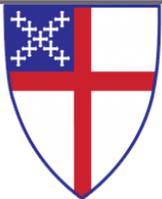
Bible Gender and Sexuality Class—To become a more inclusive church, there will future classes in safe zone training. Oct 7 to Dec 7 there will a book study on "Same Kind of Different as Me" followed by a movie nite in Dec.

Oct. 7th—St. Francis Feast Day will be held at St. Paul's in courtyard (weather permitting) with blessing of animals(live or stuffed or pictural).

Oct 14th—Bishop is visiting.



Betty Miller filling in for Carolyn Speer.



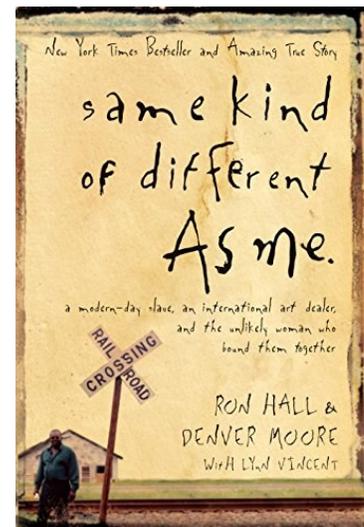
WHAT IS THE DIOCESAN CONVENTION?

The Annual Convention of the Diocese of Ohio is the legislative body that approves the diocesan program and budget, elects persons to various groups, which serve the diocese, adopts resolutions on various issues, and approves changes in the Constitution and Canons of the diocese.

Each congregation in union with the convention, that is, those that are current with payment of diocesan assessments and Church pension requirements, is entitled to be represented by not more than three lay adult delegates in good standing in their respective congregations. Delegates are chosen in accordance with the prescribed Canon, or by special parochial charter or bylaws of the parish. Attendance at Annual Convention is not limited to lay delegates and clergy. Youth and adult members of all congregations are welcome and encouraged to attend.

The Diocese of Ohio Annual Convention is held once per year, usually the second weekend in November.

ADULT FORUM WILL RETURN SUNDAY OCTOBER 7TH AT 9AM



Soon we will begin reading *Same Kind Of Different As Me*.

We will finish this study by watching the movie together on Friday, December 7th at 6:30pm.

If you are interested please see the signup sheet in the Parish hall or call the office at 419-332-3032

Books are \$9.

A Message from the Bishop

The Poetry of Prayer

A recent Friday forum of the City Club of Cleveland, its nationally broadcast lecture series, featured Dave Lucas, Ohio Poet Laureate, presenting an engaging invitation to “welcome readers, and in some cases welcome readers back, to poetry.” In his opening remarks, he defined poetry as “a name for the pleasure we take in the language we hear and speak, read, and write.” We savor words for how they sound and what they mean, the wonderful alchemy of their sound and sense together, even as we use them for the most mundane, practical purposes.” It brought to mind how we sometimes refer to the poetry of life, when mundane and practical experiences conspire to reveal deep meaning and awaken unexpected emotion.

Mr. Lucas teaches a course at Case Western Reserve University entitled Poetry for People who Hate Poetry, which is also the title of a syndicated newspaper column that soon will be in distribution state-wide, three examples of which he read. In one of these he described how, on the first day of class in the course he teaches, he asks the students to share a favorite word. After some moments of self-conscious hesitation, they begin to offer examples such as serendipity, defenestrate, home, and dream. Some words, he explained, seem chosen for the way they sound, others for a particular importance they may hold beyond their strict definition.

Listening to his talk on the radio, in the solitude of my car and the privacy of my own thoughts, I found myself wondering what my favorite word might be.

Fidelity came readily and first to mind, a word that regularly emerges in my prayer as expressing God’s relentless presence in my life, especially when I feel least deserving of it, and the compelling aspiration to return the same in my relationship to God and to others. (I imagine the fact that Sue and I had earlier the same week marked 30 years of marriage may have been a contributing factor.)

Gratitude followed soon on its heels, no doubt for similar reasons. I suspect that these two words stepped to the front of the line because they seem essential to the disciplines of faith, those practices that make us more fully disciples of Jesus. Indeed, fidelity and gratitude feel like marks of a mature spirituality. I will confess that the word perseverance came quickly to mind as well, but only as pronounced the way the British do, as with the syllabic emphasis in Severance Hall. To my ear *persévérance* exhibits, as Poet Laureate Lucas remarked, “the wonderful alchemy of...sound and sense together.” Just holding one of these words for a few moments makes me yearn to know it more fully. It invites me to incarnate it, to bring it to life in my life. For words like these to bring us deeper meaning, to become poetic, they need more than just a passing recognition. They need to be held. Prayer has a similar nature. When a thought or emotion falls on the heart and is held there for a time, it connects with our being in ways we might not have expected. Held in prayer or as a prayer, it can awaken other feelings and desires, fears and expectations, regrets and thanksgivings. While it is certainly true that panic can generate considerable prayer and lead us, in the words of the Prayer Book, to acknowledge our dependence on God alone, the prayer of contemplation, of holding a word or a thought or an image or a person before God requires some patience, humility, and surrender (other favorite words). It requires us to put other things aside and take time. Time with God, time in quiet, time at peace.

The Roman poet Ovid (Publius Ovidius Naso), whose life overlapped for a few years with that of Jesus and whose poetry I struggled with in Latin class as a schoolboy, wrote, “Poetry comes fine-spun from a mind at peace.” As does prayer, of course, the prayer that breaks us open to experience deeply the life of our own soul and to cherish the loving presence of God in Christ. When we quiet the mind, the heart is more free to fine-spin prayer. In this way our prayer, in every form, becomes the poetry of the soul. That, I believe, is how it falls upon God’s ear.

In these late weeks of summer, I pray that we will follow the example of Jesus and take time to rest in God's presence, even if only for a few minutes each day, to deepen the disciplines of holding and being held – holding in our hearts the words and images that write the poetry of our lives and being held by the God who hears our every prayer as a poem longing to be lived.



In the vegetable beds at Bellwether Farm, Kyle Mitchell, the Farm Manager, has planted every seventh row as a "sabbath row." Rather than holding vegetables, it holds pollinators, beautiful flowers that attract the bees and other insects that pollinate the crops. Each sabbath row is an icon of rest, reminding us that our souls need the same. In our busy lives, the occasional sabbath row, the few quiet moments of intentional peace, are where our prayers take root and grow into fidelity, gratitude, perseverance, and all the disciplines that make us disciples of Jesus.

As Ovid wrote, "Take a rest; a field that has rested gives a bountiful crop."

**Gratefully,
The Rt. Rev. Mark Hollingsworth, Jr.
Bishop of Ohio**

(from the Fall issue of Church life, 2018)

Responding to Hurricanes

Episcopal Relief & Development invites you to partner with us as we support dioceses that are responding to hurricanes and other tragic storms. Your donation will meet urgent needs by providing critical supplies such as food, water and other basics and will help us to provide long-term assistance as needed.

Donate online and get more information here: support.episcopalrelief.org/hurricane-relief or fill out the form below.

Enclosed is my gift to the Hurricane Relief Fund
to assist those who are in need.

\$50 \$100 \$250 \$500
 \$1,000 \$2,500 \$5,000 Other \$ _____

Please make checks payable to
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All gifts are tax-deductible.

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What's Happening



Oct 6th

Men's Breakfast

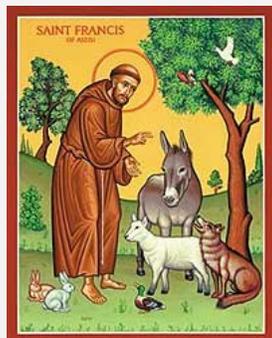
The men of St. Paul's meet at Frisch's the first Saturday of the month at 8am.

Oct 7th is

Benevolence

Sunday

def: Benevolence—
God's Love in Action



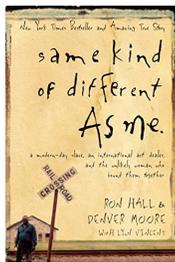
Oct 7th

Service of Holy

Eucharist

 with

Blessing of the
Animals.



Oct 7th New Adult Forum starts

(see page 3)

Oct 14th

Bishop Visitation

 with

the Rt. Rev. Arthur B. Williams, Jr.



Oct 27th

AA/Al Anon

Euchre Potluck

starts again



October 28th

Community

Meal

5-6pm



Forward Day by Day (pick up your own copy in the entryway!)

September 19

John 12:24 *Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit.*

My Korean great-grandmother immigrated to Hawaii as a "picture bride" and was married to a stranger in a Maui sugarcane camp. She settled with her family in central Oahu and had a legendary garden behind her house. When she visited Korea, she always smuggled seeds back to Hawaii in a secret compartment in her bra, claiming that seeds in America just weren't the same. She grew Korean pepper plants for her kimchi and saved their seeds, harvest after harvest.

Seeds, like a family, die out unless they find themselves in the correct external conditions. In taking the risk of growth, there is always a chance for life to flourish and multiply. My great-grandmother, Wha Soon Kim, crossed an ocean so I might live. These days, I spend time tending my own life, praying to create the necessary conditions for God to bless new life from hidden seeds.

MOVING FORWARD: Think about cultivating a salad or herb garden in your home during the winter months.



Marcia Webster 10/5
Eliot Parker 10/6
Koral Rohm 10/6
Michelle Tolhurst 10/12
Kaela Hinrichs 10/15

Tom Hasselbach 10/16
Lisa O' Rear 10/25
Amy Lawless 10/29
Yena Hasselbach 10/31

Happy Anniversary!

- ♥ Philip & Marilyn Wastler 10/2
- ♥ Harry & Janet Burger 10/3
- ♥ Richard & Christine Smith 10/5
- ♥ Michael & Katie Geib 10/13
- ♥ Jeff & Kaitlyn Hasselbach 10/18
- ♥ Al & Renee Henry 10/21



Come to our Free Community Meal



206 North Park Avenue, Fremont, OH

Serving you from 5-6pm

on the 4th Sunday of the month

Oct 28 Nov 25 Dec 23

Prayers Requested



Intercessions: Glenn Baker, Julie Bergeman, Janet & Harry Burger, Samantha Burgess and family, Michael Curry, Alicia Garcia, Rich Hackenburg, Tom & Tina Hasselbach, Jacob Hasselbach, Jill Henning, Ann Holt and family, Ben Huss (military), Sonja & Brian Lee, Tom Lee, Heather & Allen McRobbie and Brenda, Megan, Mary Lynne Moyers, Jerry Parker, Randy Rohm, Angie Schroeder, Allison Scott, Rebecca Shields, Brian Taylor, Brooke Taylor, Deloris Tolhurst, Lori & David Tolhurst and family, Doug Willis, and Katherine Young.

Pray for the
Anglican Church
around the world.

Our thoughts and prayers go out to
Father Joe & Betty Redmond
with the passing of your sister Rita.

In the Diocese of Ohio

October 7, 2018

In the Diocese of Ohio, pray for the Cuyahoga Mission Area.

St. John's Church, Cleveland, The Rev. Kelly A. Aughenbaugh, Vicar

St. Luke's Church, Cleveland, The Rev. David M. Bargetzi, Rector, The Rev. Barbara J. Maxwell, Deacon

Trinity Cathedral, Cleveland, The Rev. Paul L. Gaston, Acting Dean, The Rev. Sarah J. Shofstall, Priest Associate

St. Alban's Church, Cleveland Heights, The Rev. Percy Grant

October 14, 2018

In the Diocese of Ohio, pray for the Cuyahoga Mission Area.

St. Paul's Church, Cleveland Heights, The Rev. Jeanne Amole Leinbach, Rector, The Rev. Jessie Gutsell Dodson, Assistant

Rector; The Rev. Dale Terence Grandfield, Curate, The Rev. Kirby P. Colwell, II, Deacon

Church of the Ascension, Lakewood, The Rev. Vincent Black, Part-Time Priest-in-Charge

St. Peter's Church, Lakewood, The Rev. G. Keith Owen, Rector, The Rev. Kelly A. Aughenbaugh, Curate

October 21, 2018

In the Diocese of Ohio, pray for the Cuyahoga Mission Area.

All Saints Church, Parma, The Rev. Nancy H. Wittig, Interim Rector

Christ Church, Shaker Heights, The Rev. Peter Faass, Rector; the Rev. James G. Greer, Adjunct Priest

Advent Episcopal Church, Westlake

October 28, 2018

In the Diocese of Ohio, pray for the Northeast Mission Area.

St. Peter's Church, Ashtabula, The Rev. Peter W. Nielsen, III, Priest-in-Charge

St. Martin's Church, Chagrin Falls, The Rev. John Anthony Cerrato, III, Interim Rector

St. Luke's Church, Chardon, The Rev. Christopher McCann, Rector

Christ Church, Geneva, The Rev. Dr. C. Thomas Jackson, Interim Supply

Church of the Epiphany, Euclid, The Rev. Rosalind C. Hughes, Rector



ST. PAUL'S EPISCOPAL CHURCH

FREMONT, OHIO

Community Schedule

We give thanks to God for the following people and we give thanks to them as well .



Marcia Webster for hosting coffee hour in September.

Rita Bryan & Tina Hasselbach for hosting our September Community Meal and **Pauline & Don Darr, Julie, Chyleen Scott, Pattee Kuzma, Marcia Webster, Beth Hackenburg and Mary Lynne Moyers** for making it all possible. (and anyone else I may have missed!)

Betty Miller for lending her musician skills, playing piano, for Sunday service.

Parishioners and friends of the parish who donate altar flowers to enhance our Sunday worship.

Sunday	Free Community Meal AA	4 th Sunday 5-6pm (P) Sept-May 8 pm (B)
Monday	Fit >50 Zumba Gold* AA (Men & Women) AA Spanish	8:30-9:30 am (P) 10 am (B) 8 pm (B)
Tuesday	Fit over 50 Accelerated* AA Angie's Exercise Mindful Movement: Tai Chi/Qi Gong* Myofascial* Hatha Yoga* AA Al Anon/Ala Teen	8:30-9:15 am (P) 10 am (B) 5-6pm (P) Sept. Only 6:15-6:45 pm (P) 6:45-7 pm (P) 7-8 pm (P) 7:30 pm (B) 7:30 pm (N)
Wednesday	Fit>50 Tai Chi & Yoga* AA Men	8:30-9:30 am (P) 7 pm (B)
Thursday	Angie's Exercise 8/16, 8/23	5-6pm (P)
Friday	Fit>50 Circuit* AA AA	8:30-9:30 am (P) 10 am (B) 8 pm (B)
Saturday	AA AA Sponsored by AA (Last Sat., Oct-May)	10 am (B) 10 pm (B) Euchre/Potluck 4-? pm
Key		B N P * Basement Nursery Parish Hall Freewill Donation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rev. Matt's Day Off	2	3 6PM Bible Study	4	5	6 8AM Men's Breakfast at Frisch's 
7 9AM Adult Forum 10AM Worship Holy Eucharist BENEVOLENCE SUNDAY	8 Rev. Matt's Day Off	9	10 6PM Bible Study	11	12	13
14 9AM Adult Forum 10AM Worship Holy Eucharist with BISHOP VISIT	15 Rev. Matt's Day Off	16	17 6PM Bible Study	18	19	20
21 9AM Adult Forum 10AM Worship Holy Eucharist 11:30AM Vestry	22 Rev. Matt's Day Off Newsletter Articles due	23	24 6PM Bible Study	25	26 Newsletter Mailing	27 Euchre Potluck 4-?
28 9AM Adult Forum 10AM Worship Holy Eucharist 5PM Community Meal	29 Rev. Matt's Day Off	30	31 6PM Bible Study			



Ministry Schedule



	October 7 20th Sunday after Pentecost Benevolence Sunday	October 14 21st Sunday after Pentecost	October 21 22nd Sunday after Pentecost	October 28 23rd Sunday after Pentecost
Scripture	Job 1:1; 2:1-10 Psalm 26 Hebrews 1:1-4; 2:5-12 Mark 10:2-16	Job 23:1-9, 16-17 Psalm 22:1-15 Hebrews 4:12-16 Mark 10:17-31	Job 38:1-7, 34-41 Psalm 104:1-9, 25, 37b Hebrews 5:1-10 Mark 10:35-45	Job 42:1-6, 10-17 Psalm 34:1-8, Hebrews 7:23-28 Mark 10:46-52
Celebrant/ Officiant	The Rev. Matt Wahlgren	The Rt. Rev. Arthur B. Williams Jr. The Rev. Matt Wahlgren	The Rev. Matt Wahlgren	The Rev. Matt Wahlgren
Lector	Mary Lynne Moyers	Betty Miller	Kay Klein	Pattee Kuzma
Psalmist	Beth Hackenburg	Kay Klein	Brooke Taylor	Marcia Webster
Chalice Bearer	Tina Hasselbach	Bill Young	Randy Speer	Tina Hasselbach
Intercessor	Brooke Taylor	Carolyn Speer	Marcia Webster	Carolyn Speer
Altar Guild	Christine Polter	OPEN	OPEN	OPEN
Usher	Rita Bryan	Randy Speer	Bob Parker	Bill Young
Flowers	In remembrance of Luther Gibbs, and also for Ben & Eleanor Enos, and Denzel & Mabel Gibbs in memory of their wedding anniversaries by Eleanor Gibbs.	In memory of Helen Hoffmeier, Charles Sewell, Leo & Eleanor Zimmerman, John Danklefsen, and Nelsie & Roland Stucky by Tom & Diana Stucky.	In memory of Herbert & Marcele Warner by Jim & Connie Warner	OPEN
Children's Ministry	Justin Rife	Justin Rife	Justin Rife	Mary Bower
Coffee Hour	OPEN	OPEN	OPEN	OPEN

ST. PAUL'S EPISCOPAL CHURCH
206 N. Park Avenue
Fremont, Ohio 43420

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on or before October 1, 2018**



**ST. PAUL'S
EPISCOPAL CHURCH
Fremont, Ohio**

The Most Rev. Michael B. Curry, Presiding Bishop
The Rt. Rev. Mark Hollingsworth, Jr., Bishop, Diocese of Ohio
The Rev. Matt Wahlgren, Priest-in-Charge

~ ~ ~ ~ ~

Vestry Members:

Beth Hackenburg (20) Senior Warden, Kay Klein (18) Treasurer
Bob Parker (19) Junior Warden, Carolyn Speer (20), Brooke Taylor (19)
Chyleen Scott (19), Marcia Webster (18) Clerk & Financial Secretary

~ ~ ~ ~ ~

Church Phone: 419-332-3032
Church E-mail: stpaulsfremont@sbcglobal.net
Office Hours: Monday - Friday, 10:00am-2:00pm

EMERGENCY CONTACTS:
Rev. Matt Wahlgren: 419-388-5806; mattwahlgren@gmail.com